

## Food Policy Council Meeting Minutes, Wednesday, September 14, 2011

**Welcome & Introductions:** Present – Co-Chair, Joanna Rybak, SPA, Margaret Purnell, Community Member, Dr. Justin Pollack, Mountain-River Naturopathic Clinic, Carolyn Woyar, Social Services, Joel Hauswirth, Summit School District Food Director and Deb Price, Summit County Youth & Family Services.

### FOOD DAY, Monday, Oct 24 Resolution Discussion

- Joanna reported that the BOCC agreed to pass a Food Day Resolution.
- 6 Food Day Principles
  - Reduce diet-related disease by promoting safe, healthy foods
  - Support sustainable farms & limit subsidies to big agribusiness
  - Expand access to food and alleviate hunger
  - Protect the environment & animals by reforming factory farms
  - Promote health by curbing junk—food marketing to kids
  - Support fair conditions for food and farm workers

“Food Day will be October 24—in 2011 and in years to come. Food Day seeks to bring together Americans from all walks of life—parents, teachers, and students; health professionals, community organizers, and local officials; chefs, school lunch providers, and eaters of all stripes—to push for healthy, affordable food produced in a sustainable, humane way. We will work with people around the country to create thousands of events in homes, schools, churches, farmers markets, city halls, and state capitals. Senator Tom Harkin (D-IA) and Representative Rosa DeLauro (D-CT) are the Honorary Co-Chairs for Food Day 2011, and the day is sponsored by the Center for Science in the Public Interest, the nonprofit watchdog group that has led successful fights for food labeling, better nutrition, and safer food since 1971. Like CSPI, Food Day will be people-powered and does not accept funding from government or corporations—though restaurants, supermarkets, and others are certainly encouraged to observe Food Day in their own ways. Food Day is backed by an impressive advisory board that includes anti-hunger advocates, physicians, authors, politicians, and leaders of groups focused on everything from farmers markets to animal welfare to public health. But the most important ingredient in Food Day is you—and we invite you to organize an event and help make Food Day a success.”

For more information on FOOD DAY, please go to <http://foodday.org/>. Food Policy Council is encouraging you all to celebrate Food Day in your own way even if it's simply eating a healthy meal together with family and friends that day.

- Joanna went over other Food Day Resolutions and passed out examples of the: “Adams County Food Policy Council Proclamation”, “Sarasota County Eat Local Week Proclamation”, “City & County of Denver Celebrating Denver’s Grow Local Campaign and Culture Proclamation”, “Boulder County Food Day Proclamation”, “Santa Fe County Resolution Supporting Preference Advantage for the New Mexico Agriculture Sector...”, “Missoula County Joint Resolution to Actively Support Efforts to Increase the Security of our Local Food System...”. All present took time to read over each resolution and highlighted what they liked. FPC members discussed what they would like to see in the Summit County Food Day Resolution. Joanna will compile all the ideas into one document and then will give to the review team to edit.

- No more than 3-5 bullet points.
- Important to include a bullet point on educating families about making healthy and local food choices.
- Do not include statistics.
- Possible Food Day Public Events: Suggested to call Deb Hage to incorporate the Food Day theme at the Tues, Oct 25 Community Dinner and invite a County Commissioner to announce the Food Day Resolution; call Kathryn Grohusky about incorporating a Food Day theme for the Monday evening Senior Dinner; Contact Restaurant Association and Restaurants; Contact SIBA; Contact Murray about doing a MPR talk show; work with Summit School District.
- Joel Hauswirth, the new School Food Director talked about the importance of educating families and students about healthy choices because often when healthy choices are offered at school kids still take the unhealthy choices to eat.

## **FUNDING UPDATES**

- Joanna reported that High Country Conservation Center applied for a Summit Foundation grant on behalf of the FPC to go towards the Summit County Garden Network website, marketing materials for FPC and to support quarterly public forums.

**For past meeting minutes and more information, please go to:**

[http://www.highcountryconservation.org/sustainable\\_foods.htm#FPC](http://www.highcountryconservation.org/sustainable_foods.htm#FPC)