

# OK for School Composting:

Unlike home composting, High Country Compost accepts all food scraps, soiled paper, and yard trimmings.

## Food Scraps

(anything that used to be alive)

Baked Goods  
Bones  
Bread and grains  
Cereal  
Cheese  
Coffee grounds  
Dairy products  
Eggs and eggshells  
Fish  
Fruit (pits too and peels)  
Gravy and sauces  
Leftovers and spoiled food  
Meat (including bones)  
Nuts  
Pasta  
Peanut Butter  
Processed foods  
Rice  
Salads  
Seafood (including shellfish)  
Vegetables

## Soiled Paper

Coffee filters  
Facial tissue  
Greasy pizza boxes  
Paper cups and plates  
Paper ice cream containers  
Paper bags, napkins, tissues and towels  
Paper take-out boxes and containers  
Paper tea bags  
Waxy paper milk cartons (no foil liner)  
Wax paper  
Neon paper

## Other

Cutlery clearly labeled "Compostable"  
Plastic clearly labeled "Compostable"  
Waxed cardboard and paper  
Cooking oil

# OK for Recycling:

This list is specific to school lunches. For additional recycling options in the County, please visit [www.highcountryconservation.org](http://www.highcountryconservation.org) or call 970-668-5703.

## #1 PETE - Plastic Bottles (with a neck and screw top only)

Soda bottles and water bottles labeled #1

## #2 Milk Jugs and Solid Colored Bottles (with a neck and screw top only)

Milk jugs and plastic juice bottles labeled #2

## Cardboard and Paperboard

Cereal boxes and brown paper bags

## Mixed Glass

Bottles and jars

## Mixed Metal Containers

Aluminum cans, aluminum foil and pie plates, tin cans

# GARBAGE:

## NOT Acceptable for Composting or Recycling

- Foil-backed or plastic-backed paper
- Juice or soy milk type boxes with foil liner
- Yogurt and Butter Tubs
- Plastic bags, wrappers or film (not labeled "Compostable") including Ziploc bags, bubble wrap, packaging, and Saran wrap
- Styrofoam
- #1 - #7 NON-Bottles and #3 - #7 plastics of any kind
- "Biodegradable" plastic (not labeled "Compostable")

### Examples of lunch items destined for the landfill:

- Disposable plastic bags used for sandwiches and fruit slices
- Packaging for chips, pretzels, cookies, fruit bars, granola bars and other snack foods
- Single-use containers for yogurts, applesauces, and puddings (NOT RECYCLABLE)
- Disposable juice boxes and juice pouches like Capri Sun,
- Plastic forks and spoons (except those labeled "compostable")